



MCMF JANUARY 2021 NEWSLETTER

MCMF started the new year by serving dinners at the Interfaith Women's Shelter. Daily starting from Jan 1st to Jan 13, different ethnic dinners were delivered to 35 women at the shelter. MCMF served 245 meals to the shelter.

On January 10, 2021, MCMF held its January Drive-Thru Distribution. MCMF distributed food boxes to 520 families, donating 60 pounds of food. Each food box contained rice, pasta, pasta sauces, oil, milk, peanut butter, chicken, onions, potatoes, and carrots. MCMF also distributed 31,200 pounds of food, serving over 2000 individuals in MOCO. Special thanks to Mumin Barre for coordinating the drive-thru. We also want to thank the MOCO Food Security Task Force, Marla Caplon for the fresh produce, Jeo Paz from Capital Area Food Bank for providing the food, Diana Tato-Niktash from Health and Human Services for helping us distribute to needy communities, MOCO Police, and all MCMF volunteers for helping us organize the drive-thru distribution.



This Issue:

MCMF Food Pantry
Distribution

PAGE 01 AND 02

MCMF Fresh Produce
Distribution

PAGE 03

MLK Jr. Week of Service:
Baked Goods for Homeless
Shelters

PAGE 04-06

Announcements, Events,
and Updates

PAGE 07

Covid-19 Resources

PAGE 08

Amina Rashid, Editor
Photography by Naba Syed

Volunteer Shoutout: Mr. Mumin Barre and Shahid
Hashmi, MCMF Board Member

PAGE 01

Our hard working volunteers at the Jan 10th Drive-Thru Distribution. Thank you to Naba Syed, our social media lead, for her exceptional volunteer and coverage at the distribution



On Jan 16th, MCMF kick-started the MLK Jr. Week of Service by packaging and distributing fresh produce to 200 families, serving 6,000 pounds of groceries to the needy



On January 16th, 2021, MCMF participated in the MLK Jr. Week of Service with volunteers baking and donating over 4,000 baked goods. These delicious treats were distributed to Interfaith Women's Shelter in Rockville and Silver Spring, Interfaith Men's shelter, Priscilla House, Becky's House, Stepping Stone Shelter, Avery Halfway Home Treatment Center, Dwelling Place, Temporary Shelter for Women, Shepherd's Table, Coalition for Homeless in MOCO, and Ar Rashidun Shelter in DC.

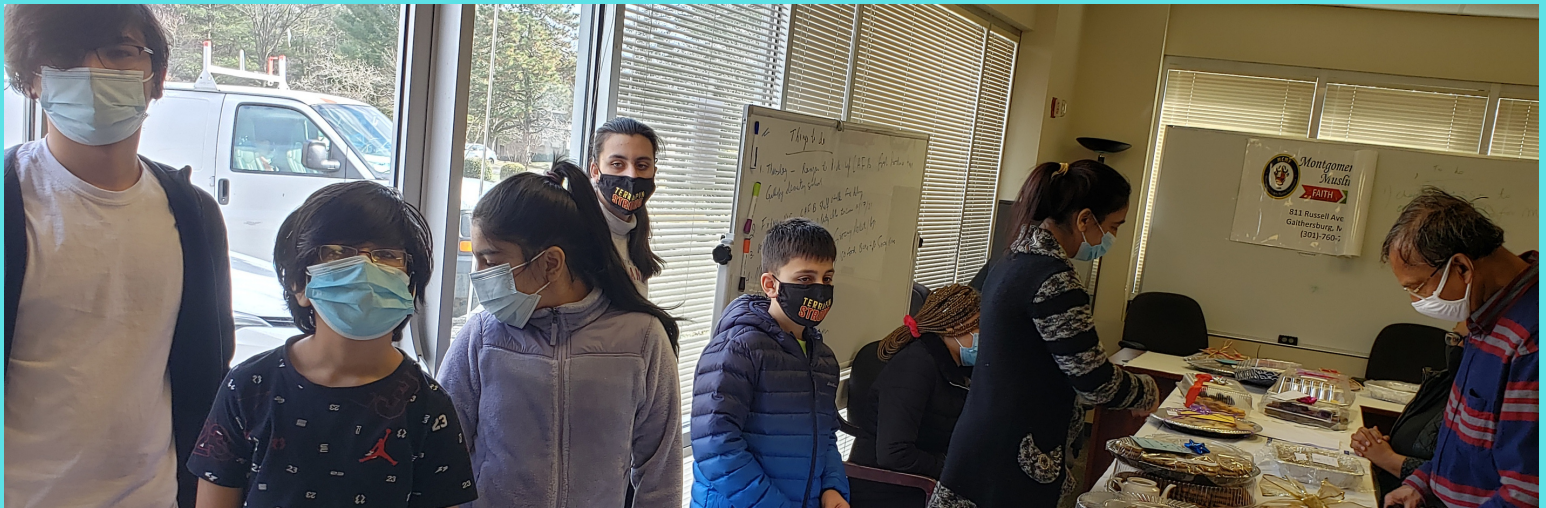
Special thanks to Oaks DC Chapter for donating 2,250 cookies and our wonderful volunteers for baking over 2,000 baked goods!

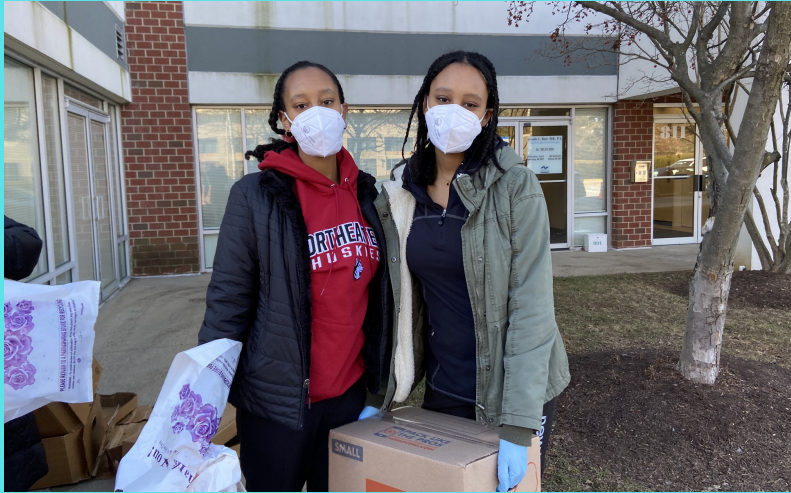


Volunteers Baking Away for MLK Jr. Week of Service!



Packaging and Distribution To Shelters





MCMF Ongoing Programs

Senior Program

The Senior Program continues to hold zoom exercise sessions on Monday, Thursday, and Saturday from 11 am to 12 pm.

Please contact Mr. Ramzan Shah at azshah1@yahoo.com

Register to get moving!

MCMF and Youth Tech Club Coding Program

MCMF partners with Youth Tech Club, an organization dedicated to teaching students computer programming. Youth Tech Club currently has over 40 students and operates on Saturday mornings from 9:30am-1:30pm. The duration of each class is one hour. The program currently offers programs such as MIT Scratch, Javascript, and Python (Advance and Basic). Starting in February, they will also offer HTML and CSS classes.

Youth Tech Club is currently accepting new students! To learn more, please register on their website: www.youthtechclub.com

Announcements and Upcoming Events

Volunteer Opportunities

- MCMF Food Drive-Thru packaging Feb_____to _____and distribution on Sunday, February 14th, 2021. [REGISTER AT](#)
- Bake cookies for Valentine's day distribution Contact Amina Rashid amina.m.rashid2005@gmail.com and Sophia Shad at _____for further information.
- Write Valentine day cards and letters of encouragement for the low income families to be distributed with cookies on Feb 14, 2021 contact _____
- Join MCMF Youth Wing. Contact Youth Wing Committee leads Amina Rashid at amina.m.rashid2005@gmail.com and Naba Syed at nabasyed2023@gmail.com
- Become an Intern at MCMF and earn SSL hours! Join MCMF's Winter Internship Program for high schoolers (ongoing). Please email sabahaq.law@gmail.com
- Become a foster parent to Muslim children - MCMF collaborates with Lutheran Church to help connect Muslim children with Muslim foster parents. For more info contact fletcherd@lssnca.org

Community Resources and News

COVID-19 Update:

[HTTPS://WWW.MONTGOMERYCOUNTYMD.GOV/COVID19/VACCINE/](https://www.montgomerycountymd.gov/COVID19/VACCINE/)

[HTTPS://WWW.MONTGOMERYCOUNTYMD.GOV/COVID19/TESTING.HTML#CLINICS](https://www.montgomerycountymd.gov/COVID19/TESTING.HTML#CLINICS)

MONTGOMERY COUNTY COVID-19 VACCINE PRIORITY GROUPS

PHASE 1

1A 1B Adults 75 Years or Older

TIER 1	TIER 2	TIER 3
<ul style="list-style-type: none">Hospital PersonnelNursing HomesDevelopmental Disability Administration Group HomesAssisted Living FacilitiesResidential Rehabilitation Programs	<ul style="list-style-type: none">EMSVaccinatorsTesting SitesPublic HealthUrgent CarePrimary Care	<ul style="list-style-type: none">Dental PracticesPharmacistsDetention Center StaffHomeless Shelter StaffLaw EnforcementFire Rescue

- 9-1-1 Dispatchers
- Behavioral Health Professionals
- School Nurses
- Lab Workers
- Morticians/Funeral Home Staff
- Surgical Centers
- Other Health Care Professionals
- Other Providers Licensed by Maryland Department of Health

MOCO COVID-19 TESTING

✓ FREE ✓ SAFE ✓ EASY

www.MoCoCOVIDTesting.org

No Doctor's Order Needed | Testing Locations
Online Test Results | At-Home Options Available

MONTGOMERY COUNTY

FOR REGULAR UPDATES:

[HTTPS://PUBLIC.GOVDELIVERY.COM/ACCOUNTS/MDMONTGOMERY/SUBSCRIBER/NEW?TOPIC_ID=MDMONTGOMERY_437](https://public.govdelivery.com/accounts/MDMONTGOMERY/subscriber/new?topic_id=MDMONTGOMERY_437)

Be a Hero
#MaskUpMoCo
SPREAD LOVE NOT GERMS
MaskUpMoCo.com | IT'S THE LAW

For COVID-19 Information and resources, visit:
www.montgomerycountymd.gov/COVID19



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